

# Fourth Trimester Initiative

## Our Purpose

A review of Kansas maternal deaths determined the majority of deaths occur between the time immediately after birth and the end of the first year. We also know the year after birth has many physical and emotional changes for the mother, baby, and family. Together we created the Fourth Trimester Initiative (FTI), a cutting-edge approach to study and improve the experience of our mothers and families in Kansas. Through this work we will engage and empower patients, their families and support system, providers, and Kansas communities to intentionally improve maternal health outcomes with our collective, inspired effort.

**38 + 2**  
Hospitals Birth Centers  
**= 90%**  
Births in Kansas

## Goals

To decrease maternal morbidity and mortality in Kansas we will:

- ✓ Conduct standard screening of all childbearing-aged women
- ✓ Provide guideline-driven, best practice health care
- ✓ Provide mechanisms to assure timely referral and follow up
- ✓ Identify each mother's Postpartum Care Team
- ✓ Ensure a personalized Patient Plan of Care ("Mom Plan")
- ✓ Provide reproductive health planning
- ✓ Establish ongoing insurance coverage
- ✓ Address social determinants of health and health equity



